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Review Article

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## What is the best way to measure blood pressure?

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Since Scipiano Riva-Rocci [1] created the device to measure Blood Pressure (BP), more than a century has passed with gains in knowledge of this way of assessing BP. Currently, the methods for assessing blood pressure in the 24 hours using devices capable of making these records are well established [2]. ...

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Systematic Review

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## New in the etiology, pathogenesis, prevention and treatment of atherosclerosis. The two different types of cholesterol plaques have nothing to do with each other

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The article is presented in the form of a review and analysis of the literature, which additionally helps to reveal the mechanisms of the pathogenesis of the development of atherosclerosis. This article provides a completely new understanding of the stages and sequence of atherosclerosis development. The modern vision is refuted, which states that all types of lesions ...

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