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In this issue

Research Article

Open Access Research Article PTZAID:ANPC-8-163

Vital parameters in Spanish alpine skiers training at altitude and their relationship to human health

Published On: November 29, 2022 | Pages: 035 - 040

Author(s): Javier Conde-Pipo, Ignacio Valenzuela-Barranco, Rafael Peñafiel, Maria Jose Jimenez-Casquet, Alejandro Lopez-Moro and Miguel Mariscal-Arcas*

Background: Mediterranean lifestyle has consistently been shown to reduce cardiovascular morbidity and mortality. Physical activity is beneficial to health, although it needs to be carefully studied in extreme conditions. Hypertension depends on sedentary lifestyles, stress, and bad habits such as excessive consumption of food and salt. Chronic sleep deprivation alone ...

Abstract View Full Article View DOI: 10.17352/2581-4265.000063

Open Access Research Article PTZAID:ANPC-8-162

The Effect of Tai Chi on quality of life in seniors

Published On: October 13, 2022 | Pages: 028 - 034

Author(s): Jinyan Lan, Boyuan Jin and Lixu Tang*

Objective: This study investigates the effect of Tai Chi exercise on the quality of life of seniors from a demographic perspective. Methods: The SF-36 Quality of Life Scale questionnaire was administered to 224 seniors in Wuhan, divided into an experimental group (n = 134, seniors who had participated in Tai Chi exercise for three years or more) and a control group ...

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Open Access Research Article PTZAID:ANPC-8-161

Psychological wellbeing and mental health outcomes in Australian Nurses and Midwives

Published On: September 06, 2022 | Pages: 017 - 027

Author(s): Louise Gibson and Kimberley Norris*

Aim: To examine the intrapersonal and organizational factors that contribute to pathogenic and salutogenic psychological outcomes in Australian nurses and midwives. Design: The conceptual framework Factors associated with Salutogenic and Pathogenic Outcomes in Australian Midwives and Nurses was used as a guide for this exploratory, cross-sectional study. Method: Pa ...

Abstract View | Full Article View | DOI: 10.17352/2581-4265.000061

Open Access Research Article PTZAID:ANPC-8-160

Clinical mentorship for specialized care. Training paradigms and emerging challenges of assessment

Published On: June 24, 2022 | Pages: 010 - 016

Author(s): Graciela Gonzalez Juarez*

Introduction: The following research is developed within the framework of the Project 135 of the National School of Nursery and Obstetrics (ENEO), with the contribution of the GIIIDEE Group (Interdisciplinary Group of Innovation and Research of Educational Assessment in Nursery). The global context had many significant changes starting 2019, since the emergence of COV ...

Abstract View | Full Article View | DOI: 10.17352/2581-4265.000060

Open Access Research Article PTZAID:ANPC-8-158

Attitudes of undergraduate nursing students towards violence against women and their occupational roles in addressing violence

Published On: January 07, 2022 | Pages: 001 - 006

Author(s): Gul Pinar* and Ebru Pnar

Aim: This study was performed in order to determine the attitudes of nursing students towards violence against women (VAW) and their occupational roles in addressing violence. Method: This descriptive study was conducted on nursing students (n=108) at a State University in Ankara, Turkey. 1) Personal information form, 2) The attitudes towards VAW, and 3) The attitude ...

Abstract View Full Article View DOI: 10.17352/2581-4265.000058

Mini Review

Open Access Mini Review PTZAID:ANPC-8-159

Ultrasound Precautions during COVID-19 Pandemic

Published On: March 11, 2022 | Pages: 007 - 009

Author(s): Delores Jones*

An epidemic that travels throughout the world is called a pandemic [1]. There have been several pandemics that have impacted the world. One example of a pandemic that became global is Spanish influenza. This pandemic was very severe and attacked more than 30% of the world population. Approximately 50 million people died from the first outbreak. ...

Abstract View Full Article View DOI: 10.17352/2581-4265.000059