2019 | Volume Volume - 3 - Issue Issue - 1

In this issue

Research Article

Open Access Research Article PTZAID:ASMP-3-108

Lower limb alignment in young female athletes is associated with knee joint moments during the drop vertical jump

Published On: September 27, 2018 | Pages: 001 - 005

Author(s): Jacques Riad*, Katarina Hjältman and Scott Coleman

Background: Increased rotational forces and knee valgus forces puts strain on the anterior cruciate ligament, frequently ruptured in female athletes. Increased internal hip rotation and increased knee valgus alignment, possible risk factors for anterior cruciate ligament rupture, are more common in women than men. ...

Abstract View Full Article View DOI: 10.17352/asmp.000008