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Review Article

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Patellar chondromalacia among adolescent athletes-A systematic review

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Knee injuries, acute or chronic are one of the most often injuries in sport, both in adults and adolescents. They mostly occur in contact sports due to torsional and decelaration forces, causing around 80% painful knee conditions that disable sports performance. If chronic, they occur in the form of repetitive microtrauma that generates articular cartilage damage, pro ...

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