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Editorial

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Sports and Exercise Medicine: Present and Future

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Sports and exercise medicine is a newly emerging medical speciality in association with sports and physical education. As the lifestyle of the average population has changed drastically with sedentary type and lack of physical exercise, thus, inviting various lifestyle-related diseases in society, this speciality has been gaining tremendous popularity in medical pract ...

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Mini Review

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Transcranial Direct Current Stimulation (tDCS) on Soccer Players: A Mini-Review

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Background: This mini-review explores the application of Transcranial Direct Current Stimulation (tDCS) in enhancing cognitive and motor performance in soccer players. This review synthesizes findings from recent studies focusing on tDCS's impact on the primary Motor Cortex (M1) and the Dorsolateral Prefrontal Cortex (dlPFC). Results: studies conducted to date show ...

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