2022 | Volume Volume - 8 - Issue Issue - 1

In this issue

Research Article

Open Access Research Article PTZAID:JNPPR-8-188

Prevalence of neck pain among the undergraduate physical therapy students of university of Balochistan, Quetta, Pakistan

Published On: July 30, 2021 | Pages: 020 - 023

Author(s): Shivum Sachdev, Sakshi Talreja, Ibtahaj-ul-islam Ansari, Sidra Nasir and Aadil Ameer Ali*

Objective: To assess the prevalence of pain among the undergraduate physical therapy students of university of Balochistan, Quetta. Material & method: A cross sectional study was carried out among the 158 participants who were enrolled in department of Physical Therapy, University of Balochistan, Quetta. The participants were requested to answer the self-developed qu ...

Abstract View Full Article View DOI: 10.17352/2455-5487.000088

Open Access Research Article PTZAID:JNPPR-8-187

Comparison of the effectiveness of proprioceptive and isometric exercises in Patients of knee osteoarthtitis: A randomized control trail

Published On: May 10, 2021 | Pages: 014 - 019

Author(s): Sana Naqi, Aadil Ameer Ali*, Mahnoor Bugti, Naseebullah Sheikh, Muhammad Khan Bugti, Shahmeer Chandio, Amjad Hussain, Muhammad Ishque MR and Taufiq Ahmad

Objective: Assessment of the effectiveness of proprioceptive and isometric exercises in patients of knee osteoarthritis (OA). Methods: The experimental study was conducted among the 40 patients who had confirmed diagnosis of knee OA. The 40 patients were randomized into separate two groups A & B. The group A received proprioceptive exercise, whereas group B were give ...

Abstract View Full Article View DOI: 10.17352/2455-5487.000087

Open Access Research Article PTZAID:JNPPR-8-186

Novel curfew system for COVID-19 outbreak

Published On: April 10, 2021 | Pages: 010 - 013

Author(s): Mohammad Yacoub Al Shdaifat and Abeer Adel Salih*

During 2020, all countries of the world imposed curfews due to the outbreak of the COVID-19 virus. However, it was observed in many countries that the curfew system is ineffective for many reasons such as instability in applying the system because there are distortions in it, randomness in making decisions related to curfews and ineffectiveness in preventing people fr ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000086

Open Access Research Article PTZAID:JNPPR-8-185

Assess the awareness of COVID-19 among the physiotherapists working in different hospitals of Sindh, Pakistan: A cross sectional survey

Published On: March 08, 2021 | Pages: 005 - 009

Author(s): Aadil Ameer Ali*, Sana Naqi, Muhammad Khan Bugti, Muhammad Rafeeq, Muhammad Ishaque M.R, Taufiq Ahmad, Amjad Hussain, Shabana Yasmeen and Hafsa Imtiaz Khokhar

Background: To assess the awareness of Covid-19 among the Physiotherapists of Sindh, Pakistan, in order to check the level of knowledge present regarding the pandemics among the working physiotherapist of Pakistan. Material & Methods: A cross sectional study was carried out in different hospitals of Sindh, Pakistan from June to July 2020. A self-constructed questionn ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000085

Open Access Research Article PTZAID:JNPPR-8-184

A descriptive study of prevalence of musculoskeletal illnesses among farmers in faisalabad, Pakistan

Published On: January 27, 2021 | Pages: 001 - 004

Author(s): Osama Saeed, Umair Arif*, Muhammad Usman Saqib, Abubakar Sidiqque, Hammas Khalid and Aneeq Shahzad

Background/objectives: The farming employs about half the world’s entire workforce. In most countries, farming is recognized as one of the most hazardous industries. Farming activities lead to awkward physical postures. These postures are: leaning, kneeling, crawling, bending, twisting to one side and repeated work that can result in physical stress and traumatic inju ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000084