2022 | Volume Volume - 8 - Issue Issue - 2

In this issue

Research Article

Open Access Research Article PTZAID:JNPPR-8-193

Physiotherapist's approach and treatment preference in the patients of rheumatoid arthritis in Karachi, Pakistan: A cross sectional survey

Published On: December 02, 2021 | Pages: 044 - 047

Author(s): Shobha Lekhraj, Vikash Chughani, Natasha Bhutto and Aadil Ameer Ali*

Objective: To assess the treatment approach of physiotherapists towards patients with Rheumatoid Arthritis. Material & methods: A cross-sectional study was conducted from June to August 2016 among the 116 selected participants who were working in different physical therapy setups of Karachi Pakistan. A self-constructed questionnaire was used among the participants wh ...

Abstract View Full Article View DOI: 10.17352/2455-5487.000093

Open Access Research Article PTZAID:JNPPR-8-192

A comparison of efficacy of diclofenac patch and physical therapy techniques in the treatment of patients with myofascial pain disorder of the upper trapezius

Published On: November 11, 2021 | Pages: 040 - 043

Author(s): Komal Razzaq, Umair Arif*, Rabia Javaid, Hafiz Muhammad Almas Sabir, Attia Noreen, Maryam Ashfaq and Ramish Akram

Objective: This study was conducted to find the best treatment in treating the patients of myofascial syndrome for this purpose two treatment options were compared to rule out the best option of treatment in minimizing the pain, enhancing the cervical movement and in determining the pressure pain threshold of MTrp. Material and methodology: It was a comparative study ...

Abstract View Full Article View DOI: 10.17352/2455-5487.000092

Open Access Research Article PTZAID:JNPPR-8-191

Leisure time physical activity, sedentary behavior and risk of cardiovascular

disease and mortality among US Veterans

Published On: October 01, 2021 | Pages: 033 - 039

Author(s): Luc Djousse*, Petra Schubert, Yuk-Lam Ho, Stacey B Whitbourne, Kelly Cho and J Michael Gaziano

Background: Cardiovascular Disease (CVD) remains the leading cause of death in the US. Although Physical Activity (PA) has been inversely associated with the risk of CVD, few studies have examined whether sedentary behaviors modify such association. Our goal was to examine associations of leisure time PA with risk of CVD and mortality and the role of sedentary behavio ...

Abstract View Full Article View DOI: 10.17352/2455-5487.000091

Open Access Research Article PTZAID:JNPPR-8-190

Assessment of level of anxiety among the patients of knee osteoarthritis visiting the different Hospitals across Sindh and Balochistan

Published On: August 07, 2021 | Pages: 029 - 032

Author(s): Aadil Ameer Ali*, Natasha Bhutto, Shobha Lekhraj, Sonum Sachdev, Noman Haq, Arsum Shaikh & Shabana Yasmin

Objective: To evaluate the level of Anxiety among the Patients of Knee Osteoarthritis. Methodology: A cross sectional survey was conducted in different hospitals of Sindh and Balochistan province, Pakistan from June to October 2020. A self-fabricated questionnaire was used in in already diagnosed 292 patients of Knee Osteoarthritis (KOA) which consist of the demogra ...

Abstract View Full Article View DOI: 10.17352/2455-5487.000090

Review Article

Open Access Review Article PTZAID:JNPPR-8-189

Posterior approach to the Hip Joint

Published On: August 07, 2021 | Pages: 024 - 028

Author(s): K Mohan Iyer*

The hip joint is one of the most surgically exposed joints in the body [1]. The posterior approach is known to have a slightly higher risk of dislocations [2], whilst the anterior [3] and lateral approaches [4] allow for preservation of the posterior soft tissue envelope. I had developed a modification of the Posterior Approach at a time when the regular Posterior App ...

Abstract View | Full Article View | DOI: 10.17352/2455-5487.000089